

## Oxford University Dancesport Team RISK ASSESSMENT

DATE: 2009/10

*This Risk Assessment shall apply to all activities carried out by the team for the year 2009-10.  
Activities usually carried out by the club.*

1. Training Sessions
2. Competitions and Travel
3. Demonstrations
4. Hosting Varsity (every other year)

HAZARD	CONTROLS MEASURES IN PLACE	RISK FACTOR	FURTHER CONTROL MEASURES
TRAINING			
1. Standing on another person's foot	Heels protectors required to be worn, participants aware of the risk	High	Further reminders
2. Twisting ankle	Correctly fitting shoes	Medium	
3. Collision with another couple	Training in floor craft	High	Emphasising importance of floor craft
4. Lack of fluid	New members warned of the danger of dehydration and encouraged to drink lots of water	Low	Reminders
5. Lack of food	New members warned of need to eat to maintain energy levels. Advised what to eat at competitions	Low	Reminders
6. Carrying heavy stereo	Stereo carried as two parts by different people.	Low	
7. Moving furniture such as tables and chairs	Tables always moved by more than one person	Low	
8. Slippery floors	Brush soles of shoes before starting practise. If floors dangerously slippery, practise will stop.	Low	Report floor to authority on that site if it is considered dangerous.
9. Pulling muscles due to poor warm-up	Controlled warm-up session run at the start of long training on Saturday mornings	Low	Reminders on importance of stretching.

COMPETITIONS and TRAVEL			
10. Allergy to cosmetics	Dancers responsible for own choice of make-up brands.	Low	
11. Jewellery causing abrasion	Girls advised to wear jewellery that will remain securely attached	Low	
12. Coach crash	Professional coach company hired with their own insurance. Ensure that a Trip Registration Form is logged with the ASO prior to a club trip outside of Oxford. Event Organiser responsible for informing Security Services and ASO of serious accident.	Low	Emergency Procedures for reporting a crash and subsequent serious injuries are to contact the Security Services (who will have a Trip Registration Form) and inform them of the accident/incident and to contact the ASO and/or Sports Federation. ASO can be contacted on (01865) 248597 and Sports Federation on (01865) 241335 and on Sports Fed Mobile – (07899) 846878.
DEMONSTRATIONS			
13. Tripping over trailing wires	Ensure they are not encroaching on the dance space. Advise ball organisers of our requirements.	Medium	
14. Making contact with the audience	Compere require audience not to come forward of specified point. Floor craft emphasised to dancers	Low	
HOSTING VARSITY			
15. Dancer has an accident	Ensure a qualified First Aid organisation has been booked and is present on site. Report any accidents to Sports Department. Ensure co-operation between First Aiders and Sports Department. Ensure that Fire Exits are clear due to the large numbers in the hall for the event.	Low	Ask for wires to be securely taped down.  Any issues regarding the Varsity should be brought up with the Facilities Manager.